

KAUSHAL VIKAS COUNCIL OF SKILL & VOCATIONAL STUDIES

A Unit of Kaushal Vikas Educational Trust

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Personality Development syllabus

Personality Development	6 Months Course
Subject Code	Subject Name
PD 101	Self-Development
PD 102	Time – management
PD 103	Group - Discussions
PD 104	Communication Skills
PD 105	Stress Management
PD 106	Presentation and Interview Skills
Practical 1	Developing the ability to handle difficult situations
Practical 2	Meditation
Practical 3	Mock Exam – Practical Personal Development Course
Practical 4	Maintaining Poise in tone and body language
Practical 5	Viva & Internal Assessment